

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**1**  
Beef Taco  
W/G Tortilla Scoops  
Black Beans, Cheese  
Salsa  
Applesauce  
Milk

**2**  
Barbeque Pull Pork  
Broccoli, W/G Bun  
Cole Slaw  
Applesauce  
Milk

**3**  
Chicken Nugget  
Mixed Vegetables  
W/G Dinner Roll  
Peaches  
Milk

**4**  
Turkey Ham & Cheese  
Sandwich  
W/G Bun  
Pears  
Carrot Sticks  
Milk

**7**  
Mac & Cheese  
Broccoli  
W/G Dinner Roll  
Apple  
Milk

**8**  
Beef Taco  
W/G Tortilla Wrap  
Refried Bean  
Applesauce  
Cheese  
Salsa  
Milk

**9**  
W/G Chicken Corn Dog  
Carrot Sticks  
Ketchup Packet  
Banana  
Milk

**10**  
W/G Basco Stick  
Marinara Sauce  
Spinach Salad W/ Grape  
Tomatoes, Ranch Dressing  
Mixed Fruit  
Milk

**11**  
W/G Soy Butter & Grape  
Jelly Sandwich  
Cauliflower, Pears  
Ranch Dressing  
Cheese Stick  
Milk

**14**  
Turkey Cheese Pizza  
Cooked Carrots  
Cheese Stick  
Apple  
Milk

**15**  
Chicken Fajitas  
W/G Tortilla Wrap  
Corn, Cheese  
Salsa  
Peaches  
Milk

**16**  
Cheeseburger  
Vegetarian Baked Beans  
Applesauce  
W/G Bun  
Milk

**17**  
Spaghetti  
Turkey Meatballs  
Pasta Sauce  
Cooked Broccoli  
W/G Dinner Roll  
Pineapple  
Milk

**18**  
Turkey & Cheese  
Sandwich  
Cauliflower  
W/G Bun  
Ranch Dressing  
Mixed Fruit  
Milk

**21**  
W/G Chicken Corn Dog  
W/G Bun  
Carrot Sticks  
Potato Triangle  
2 Ketchup Packets  
Diced Peach  
Milk

**22**  
Beef Taco  
W/G Taco Shell  
Black Beans  
Salsa  
Cheese  
Mixed Fruit  
Milk

**23**  
Barbeque Pull Pork  
Mixed Vegetables  
Cole Slaw  
W/G Bun  
Apple  
Milk

**24**  
Popcorn Chicken Bowl  
Mashed Potatoes,  
Gravy, Corn  
W/G Dinner Roll  
Apple  
Celery Sticks  
Milk

**25**  
Spinach Salad  
Diced Chicken  
Grape Tomatoes  
Ranch Dressing  
W/G Dinner Roll  
Pears  
Milk

**28**  
Turkey Hot Dogs  
Vegetarian Baked Beans  
Applesauce  
W/G Bun  
Ketchup Packet  
Milk

**29**  
Beef Taco  
W/G Tortilla Scoops  
Corn  
Cheese  
Salsa  
Apple  
Milk

**30**  
W/G Chicken Corn  
Carrot Sticks  
Ketchup Packet  
Banana  
Milk

**31**  
Spaghetti  
Turkey Meatballs  
Pasta Sauce, Romaine  
Salad, Ranch Dressing  
Tomatoes Grapes  
W/G Dinner Roll  
Milk



Lunch Entrée  
¾ cup Vegetables  
½ Cup Fruit

8oz 1% Skim White & Fat Free Chocolate