

Arlene's April 2025 K-8 Lunch Menu



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|--|--|---|---|---|
| <p>7 BBQ Beef Rib Sandwich BBQ Beef Patty (2m) 12 WG Bun (1.5wg) 21 Tater Tots (12 = 3/4c) 24 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p> | <p>1 Sweet & Sour Chicken w Rice Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Sweet & Sour Sauce (2 tbsp) 8 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p> | <p>2 Meatballs & Mashed Potatoes Meatballs (6 = 2m) 13 Mashed Potatoes (3/4c) 24 Beef Gravy 4 WG Roll (1wg) 16 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p> | <p>3 Chicken Patty on WG Bun WG Chicken Patty (2m/1wg) 13 WG Bun (1.75wg) 25 Graham Crackers (1wg) 11 BBQ Sauce 5 Broccoli (3/4c) 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p> | <p>4 Bosco Sticks Bosco Sticks (2 = 2m/2wg) 33 Mantirara Pack (2 = 1/4r) 8 Bear Cracker (1wg) 21 Carrot Sticks (1/2c) 0 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p> |
| <p>14 Chicken Tenders WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Chaisins (1/2c) 34 Choc/White Milk (1c) 19/13</p> | <p>8 Taco Tuesday Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p> | <p>9 Chicken & Waffles WG Chicken Tenders (3 = 2m/1wg) 13 Eggo Waffles (2 = 2wg) 28 Sliced Cucumbers (3/4c) 3 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p> | <p>10 Spaghetti & Meatballs Spaghetti Pasta (1/4g) 30 Mantirara (1/4r) 5 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13</p> | <p>11 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p> |
| <p>15 Hamburger Patty on WG Bun Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Corn (3/4c) 21 Ketchup 3 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13</p> | <p>15 Hamburger Patty on WG Bun Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Corn (3/4c) 21 Ketchup 3 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13</p> | <p>16 Teriyaki Chicken w Rice Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p> | <p>17 Chili & Cornbread Beef Chili w Beans (1.5m, 3/8r, 1/8r) 16 Cheddar Cheese (1oz) 0 WG Corn Bread (1wg) 36 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p> | <p>NO SCHOOL</p> |
| <p>21 [REDACTED]</p> | <p>22 Taco Tuesday Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p> | <p>23 Breakfast for Lunch Turkey-Sausage Links (2 = 2m) 1 Tater Tots (12 = 3/4c) 24 Cheddar Cheese (1m) 0 Cinnamon Chips (1wg) 25 Ketchup 3 Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p> | <p>24 Meatball Sub Meatballs (6 = 2m) 8 Mantirara (1/4c) 6 WG bun (1.5wg) 21 Carrot Sticks (1/2c) 0 Goldfish Crackers (1wg) 14 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p> | <p>25 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p> |
| <p>28 Chicken Patty on WG Bun WG Chicken Patty (2m/1wg) 13 WG Bun (1.75wg) 25 Baked Beans (3/4c) 45 Graham Crackers (1wg) 11 BBQ Sauce 5 Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p> | <p>29 Orange Chicken w Rice Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p> | <p>30 Biscuits & Gravy Pillsbury Biscuits (2 = 2wg) 24 Turk-Sausage Crumbles (2m) 0 Country Gravy (1/2c) 24 Broccoli (3/4c) 5 Ketchup 3 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13</p> | <p><i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Served entrée option every day, served with juice and milk</i></p> | <p><i>Sides - Fruits and Vegetables listed by group and measured in cups. Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.</i></p> |

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE
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Arlene's April 2025 K-8 Breakfast Menu



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|---|--|---|--|---|
| 7 Apple Cinnamon Oatmeal Round (2wg) 39 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 8 Super Breakfast Ring (1g) 27 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 9 Cinnamon Bun (2wg) 34 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 10 Banana Bread (2wg) 43 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 11 Strawberry Pull Apart Bagel (2wg) 42 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 |
| 14 Cereal Bar (1wg) 30 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 15 Chocolate Muffin Top (1wg) 30 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 16 Cinnamon Bun (2wg) 34 Peach Fruit Cup (1/2c) 21 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 17 Blueberry Muffin (2wg) 36 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | NO SCHOOL |
| 21 NO SCHOOL | 22 Blueberry Muffin (2wg) 36 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 23 Cinnamon Bun (2wg) 34 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 24 Pumpkin Bread (2wg) 43 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 25 Super Breakfast Ring (1g) 27 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 |
| 28 Strawberry Pop Tart (1wg) 38 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 29 Chocolate Muffin (2wg) 36 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | 30 Cinnamon Bun (2wg) 34 Peach Fruit Cup (1/2c) 21 Juice (1/2c) 14 Choc/White Milk (1c) 19/13 | | Carbs listed for each item in blue font |

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